

On Target

ADELAIDE ARCHERY CLUB NEWSLETTER

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CLUB EXTENSION ABOUT TO START

Well, it may not look quite like this, but with any luck our club rooms will soon be fit for purpose. Having been built, and later extended, in days when the membership was under 200, it has been difficult to accommodate equipment and butts for the current numbers of over 300.



President Daniel Caon asks us to please be aware of the following disruptions that will be unavoidable during construction:

• A temporary safety fence will be installed around the majority of the building, with only the clubroom on the west not being fenced in.

- A "gate" will be installed in the temporary fencing, close to the clubroom door, to permit access to the veranda.
- The "gate" will be secured with a robust bike lock with a 4-digit combination and you will be all informed of that code.
- The portable butts will now be stored under the veranda, which is within the safety fence, and can then be wheeled out via the "gate".
- The toilet block will be out of action and a floor-to-ceiling barrier wall installed to separate the construction works from the rest of the "atrium". This permits us to keep access to the cupboards and store rooms in that atrium.

• As our toilets are out of action, the public toilets across Bundeys Rd are the closest. The builder's portable toilet will not be available to our members.

• Some services will be disconnected:

Water may be disconnected for an extended period, TBC Electricity should only be disconnected for short periods, so hopefully will not disrupt our program.

ANNUAL CLUB DINNER

These are some of the small group of club members who attended an enjoyable evening at the annual club dinner recently.

It was organised by Social Coordinator, Louis des Landes

Mariagrazia Panetta



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Alan and Peter win medals

On Sunday 28 April, four AAC longbow archers made their way to Strathalbyn to compete in the 2024 Vera Pennington Memorial Orphans shoot.

Glorious morning weather saw Alan Chapple emerge victorious once again in the longbow field with Peter Stamatakis gaining a creditable third place.

Medals for their efforts in shooting a Short Canberra were awarded after all participants had enjoyed the marvellous hospitality on offer by Great Southern Archers in the form of an excellent barbecue lunch.

Steve Sykes

COME-N-TRY EVENTS

From time to time the club is asked to host come-n-try events for various organisations. This raises extra funds for the club, but it relies on members who volunteer to help out. (We either don't charge, or charge a reduced fee, to charitable organisations). We have recently agreed to run the following events:

- Melissa Paech, Operations Manager for Wealth Logic, asked for a come-n-try on Friday 20 December, for 15 people.
- Amos Wilson, from Youth Inc, asked for a come-n-try on Friday 9 August, for 15 people.

Several members have volunteered to assist: Alan Chapple, Gerry Davies, James Henriks, Graham Winston If you have the time, please consider helping out for future events.







If you are game to try something different, and if you sometimes like to have a bit of fun with your sport, then why not give Archery Golf a try? Think golf with arrows, aiming at a tennis ball instead of a hole in the ground. This once a year event takes place on Father's Day, so if it's your choice what you do..... And families often walk around with the archers.

See tournaments on page 4 for details.







ADELAIDE ARCHERY CLUB ANNUAL GENERAL MEETING ALL POSITIONS WILL BE VACATED, PLEASE CONSIDER FILLING ONE OF THE MANY ROLES THAT KEEP THE CLUB GOING TUESDAY 17 SEPTEMBER 2024 MONTHLY GENERAL MEETING AT 7.30PM FOLLOWED BY THE AGM



JUNE HANDICAP AWARDS KEYRING: Mia Goodrich with adjusted an score of 954 LONGBOW WOODEN ARROWS: Jeff Nicoll with an adjusted score of 804



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FROM THE CLUB STEWARD, ANDY STANFORD

Bundaberg Bottles will be rising to \$2.50 on August 1_{st} , due to a cost increase (they now cost around \$1.60 to \$1.80 per bottle). When not on special they are round \$2.20 to \$2.70 per bottle however I only buy them when they are on special.

New containers have been added to the fridge for the chocolates, thus making it more effective to re-stock, also much better presentation. The cardboard boxes were starting to break down with the condensation in the fridge.

Last month I reported the cost of chocolate going up; Boost has already dropped the size of their bar while maintaining the same cost. However, one shop had all the main bars we sell on special for \$1 each, so I have managed to stock up on these - with an expiry date of 2025. We should be good to keep all our chocolate bar prices the same for a while, while maintaining a good profit margin and the same size bars.

Some soft drink cans are on special in August, as they are nearing their expiry dates and also they have not been selling since being stocked. One can has faded in the UV light of the fridge, so I know it has not moved for a while. They will not be restocked either (Fanta, raspberry) - they will be \$1 each. Please watch for the button on the square payment tablet.

New products on trial are Nuts, and some new flavours of Bundaberg. Both have been selling well there is space as we destock less popular items. 2 new flavours of nuts and 2 new flavours of Bundaberg will be a common line now (Tropical/Mango & Pineapple/coconut, Trail mix and Cashews).

Finally, I keep coming into the club and finding dirty spoons, coffee cups in the sink for us to clean, IF IT'S YOUR MESS, PLEASE CLEAN IT UP; it won't be long before ants start appearing.

WHAT ARE THE INVICTUS GAMES?

Serious injury or illness can significantly affect a person physically, psychologically and socially. For those who have served, these injuries or illnesses, whether sustained during conflict or otherwise, can have the additional impact of dramatic and sudden changes to their chosen career or lifestyle, placing pressure on their family or home life.

The Invictus Games Foundation offers a recovery pathway for international wounded, injured and sick servicemen and women (WIS). We collaborate to provide opportunities for post-traumatic growth enabling those involved to reclaim their purpose, identity and future, beyond injury. *invictusgamesfoundation.org*



On 5 May Graham (ArcheryGW) welcomed Invictus Australia to the Adelaide Archery Club.

They had a massive turnout of Vets and their Families. We thank them for their service and we hope they enjoyed the experience of archery and of our club.

A big Thank you to all the volunteers who helped! Without volunteers running the clubs all these events won't be possible.

Vice-president Mariagrazia Panetta





FROM THE LIBRARIAN, STEVE SYKES

(Steve is away this month, so this is his report from June, when there was no newsletter as I was away..



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Issue 177 of Bow International has arrived and being the second ever '*Barebow Special*', will be of significant interest to those amongst us who have adopted this form of archery. Barebow is a fast-growing class and according to the editor 80% of issue 177 is devoted to this field. Nevertheless, the editor has included other topics so that all readers will be able to take something away from it.

Starting with the 'Unusual Suspects', the editor has selected some curious and innovative equipment to present and review. There are a couple of interviews with barebow archers including their equipment choices.

There is a revision of a previous article on *stringwalking technique* with advice to those switching from recurve and traditional disciplines. Tips from some of the world's best barebow archers regarding equipment are also presented.

There are 'expert discussions' on barebow weights, alignment and slings, and for recurve archers there is a review on strings.
Not to be left out, and for those looking for another option, there is also an article on going barebow for compound archers.
Other treats cover archer dress codes through time and one of the world's most experienced coaches, Juan Carlos Holgardo, writes on the subject of mental skills and target panic.

These and other articles will be available for casual reading by all members in the club room when Issue 177 is on display on the large table when the previous one, along with others, will be available for loan to members.



TARGET PRACTICE? On 5 May the men got together to sort out target 9. A big thank you to Michael, Nigel, Lance and Daniel. Mariagrazia Panetta



TOURNAMENTS August-September 2024

See Archery SA website for details & to enter these events: https://archerysa.org.au/events

Sunday 11 August: Great Southern Archers Fairweather Invitational (24 target WA Field (marked) Teams Event) at Strathalbyn, 9.30am-3.00pm

Sunday 18 August: Archery SA State Clout Championships at Oakbank Racecourse 9.30am-4.00pm

Sunday 25 August: Cressy Bowmen Invitation at Salisbury 10.00am-2.30pm

Sunday 1 September: The Farm Indoor Archery Club Archery Golf Day at Ashbourne Golf Course 9.30am-4.00pm Register and pay on the day, BYO lunch. Uniform not required.

Saturday 7 September: Archery SA Gazelles Indoor Tournament for women 6.30pm-9.30pm, details tba

Sunday 8 September: Archery SA State Field Archery Championships at Eden Field Archers 10.00am-4.00pm,lunch can be ordered with entry

Saturday 14 September: Southern Vales Archery Club Hope Cup Charity Day at Morkphett Vale, 1.30pm-4.00pm (am come-n-try, pm trivia night) enter on the day

Sunday 15 September: Adelaide Archery Club Silver Quiver Tournament at AAC, 10.00am-3.30pm, lunch provided Sunday 22 September: Archery SA Matchplay Event at Oakbank Racecourse 9.30am-4.00pm

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News, letters, comments and photographs are all welcomed by the editor Email *info@adelaidearchery.org.au* Or email editor: *publicity@adelaidearchery.org.au* Web *www.adelaidearchery.org.au*